

Patrick Melese DVM, DACVB
Stereotypic and Ritualistic Behavior History Sheet

Owner's name: _____ Pet's Name: _____ Appnt. Date: _____

1. Into which of the following categories does the observed behavior fit?
 - Grooming (chewing/biting/licking self)
 - Hallucinatory (staring/tracking/attacking invisible prey)
 - Consumptive (consuming rocks/dirt/other objects/wool sucking)
 - Locomotory (circling/tail-chasing/freezing/scratching)
 - Vocalization (rhythmic barking/barking/howling/growling)

2. Was there a change in the household or an event that was associated with the development of the behavior?

3. Is there any time of day when the behavior seems more or less intense? If so, what is usually going on at that time of day?

4. Is there a person/other pet in the presence of which the behavior seems more intense? If so, who is this and what is their association to the pet?

5. What is the attitude of the pet while performing the behavior' (i e distressed, self-absorbed, fearful, *et cetera*.

6. Does the animal respond to its name or seem aware of its surroundings while in the midst of the behavior? Are they aware that you are calling them: How can you tell?

7. Can you convince the pet to stop the behavior by either (a) calling them, or (b) using physical restraint?

8. What kinds of things, if any will interrupt the behavior once it has started? (i.e. noises, treats, toys)

9. What does the client do when the behavior begins?

10. Is there a location in which the animal prefers to perform the behavior?
11. For ingestion, what types of objects are consumed -- please be as specific as possible (e.g., what type of rug, fabric, or sweater?)
12. Is there a pattern to the behavior? What are the duration, frequency, and characteristics of the events themselves?

Duration: days, weeks, and months?

Frequency: hourly, daily, weekly, monthly, sporadic?

Pattern: after meals, in AM, et cetera (please specify)
13. Does any event or behavior routinely occur immediately before the behavior begins?
14. Does any event or behavior routinely occur immediately after the behavior ceases?
15. Has the pet's general behavior changed in any way since the onset of the atypical behavior (e.g., the dog is more aloof, more aggressive, et cetera)?
16. Has the pet's diet recently been changed?
17. Is there any other relevant information?